Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Herreman Kurt

Coaches: Bouckaert Stefan HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:3, starttime: 14:05

Heat: 3/14 Lane : 4 Athlete: CLAEYS JONA **Q-time: 01:38:15**

PB (25m pool): 01:39.87 LAGO Zwevegem 25/05/2026 **PB (50m pool):** 01:38.15 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.99		01:39.87	
		00:46.99		*00:52.88*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:9, starttime: 14:15

Heat: 9/14 Lane : 1 Athlete: MAES JASPER **Q-time: 01:25:49**

PB (25m pool): 01:25.49 Brugge 04/10/2026 **PB (50m pool):** 01:29.09 **SB:** 01:25.49 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.19		01:25.49	
		00:40.19		*00:45.30*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:12, starttime: 14:25

Heat: 12/14 Lane : 1 Athlete: VAN BIERVLIET CAMIEL **Q-time: 01:19:70**

PB (25m pool): 01:19.70 Eeklo 21/09/2025 **PB (50m pool):** 01:20.21 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.81		01:19.70	
		00:37.81		*00:41.89*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: TIME

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:4, starttime: 14:35

Heat: 4/18 Lane : 8 Athlete: DEFEVER AUWKE — **Q-time: 01:30:54**

PB (25m pool): 01:30.54 Brugge 04/10/2026 **PB (50m pool):** no time **SB:** 01:30.54 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.05		01:30.54	
		00:44.05		*00:46.49*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:12, starttime: 14:50

Heat: 12/18 Lane : 7 Athlete: BOURDEAUX ALISSA — **Q-time: 01:20:29**

PB (25m pool): 01:20.29 Meulebeke 24/10/2026 **PB (50m pool):** no time **SB:** 01:20.29 Meulebeke 24/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:20.29	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:16, starttime: 15:00

Heat: 16/18 Lane : 6 Athlete: BOLLAERT AMéLIE — **Q-time: 01:16:90**

PB (25m pool): 01:16.90 Brugge 04/10/2026 **PB (50m pool):** no time **SB:** 01:16.90 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.78		01:16.90	
		00:35.78		*00:41.12*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:5, starttime: 15:10

Heat: 5/13 Lane : 4 Athlete: BEKAERT LAURA — **Q-time: 00:43:26**

PB (25m pool): no time **PB (50m pool):** 00:43.26 **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: TIME

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:9, starttime: 15:15

Heat: 9/13 Lane : 2 Athlete: TACK CATALEYA — **Q-time: 00:40:78**

PB (25m pool): 00:42.17 DIKSMUIDE 30/11/2025 **PB (50m pool):** 00:40.78 **SB:** no time

	25 M	50 M	
PB		00:42.17	
		00:42.17	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:10, starttime: 15:15

Heat: 10/13 Lane : 3 Athlete: BOURDEAUX AMELIA — **Q-time: 00:40:18**

PB (25m pool): 00:48.77 Eeklo 21/09/2025 **PB (50m pool):** 00:40.18 **SB:** no time

	25 M	50 M	
PB		00:48.77	
		00:48.77	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:13, starttime: 15:20

Heat: 13/13 Lane : 8 Athlete: HEYTENS JORIEN — **Q-time: 00:38:02**

PB (25m pool): 00:38.02 Brugge 04/10/2026 **PB (50m pool):** 00:39.89 **SB:** 00:38.02 Brugge 04/10/2026

	25 M	50 M	
PB		00:38.02	
		00:38.02	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:1, starttime: 15:20

Heat: 1/16 Lane : 3 Athlete: DESMET TUUR — **Q-time: 00:44:86**

PB (25m pool): no time **PB (50m pool):** 00:44.86 **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: TIME

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:2, starttime: 15:20

Heat: 2/16 Lane : 8 Athlete: MAES JASPER — **Q-time: 00:42:72**

PB (25m pool): 00:42.72 Eeklo 21/09/2025 **PB (50m pool):** 00:45.28 **SB:** no time

	25 M	50 M	
PB		00:42.72	
		00:42.72	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:5, starttime: 15:25

Heat: 5/16 Lane : 3 Athlete: BOUCKAERT LARS — **Q-time: 00:36:55**

PB (25m pool): 00:37.60 DIKSMUIDE 30/11/2025 **PB (50m pool):** 00:36.55 **SB:** no time

	25 M	50 M	
PB		00:37.60	
		00:37.60	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:6, starttime: 15:25

Heat: 6/16 Lane : 4 Athlete: STRYNCKX DAAN — **Q-time: 00:34:84**

PB (25m pool): 00:35.74 DIKSMUIDE 30/11/2025 **PB (50m pool):** 00:34.84 **SB:** no time

	25 M	50 M	
PB		00:35.74	
		00:35.74	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:6, starttime: 15:25

Heat: 6/16 Lane : 7 Athlete: WILLEMS KORBEN — **Q-time: 00:35:84**

PB (25m pool): no time **PB (50m pool):** 00:35.84 **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: TIME

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:13, starttime: 15:35

Heat: 13/16 Lane : 2 Athlete: GALLE LAURIS — **Q-time: 00:30:50**

PB (25m pool): 00:30.50 Brugge 04/10/2026 **PB (50m pool):** 00:31.17 **SB:** 00:30.50 Brugge 04/10/2026

	25 M	50 M	
PB		00:30.50	
		00:30.50	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:14, starttime: 15:35

Heat: 14/16 Lane : 3 Athlete: VAN BIERVLIET CAMIEL — **Q-time: 00:29:60**

PB (25m pool): 00:29.60 Brugge 04/10/2026 **PB (50m pool):** 00:30.59 **SB:** 00:29.60 Brugge 04/10/2026

	25 M	50 M	
PB		00:29.60	
		00:29.60	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:4, starttime: 15:50

Heat: 4/13 Lane : 1 Athlete: DEFEVER AUWKE — **Q-time: 03:09:52**

PB (25m pool): 03:09.52 Diksmuide 08/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:45.97		01:33.44		02:22.18		03:09.52
		00:45.97		*00:47.47*		*00:48.74*		*00:47.34*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:5, starttime: 15:55

Heat: 5/13 Lane : 6 Athlete: BOURDEAUX ALISSA — **Q-time: 03:03:41**

PB (25m pool): 03:03.41 Meulebeke 25/10/2026 **PB (50m pool):** no time **SB:** 03:03.41 Meulebeke 25/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:42.78		01:28.46		no time		03:03.41
		00:42.78		*00:45.68*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: TIME

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:12, starttime: 16:25

Heat: 12/13 Lane : 6 Athlete: BOLLAERT AMéLIE — **Q-time: 02:40:45**

PB (25m pool): 02:40.45 Brugge 04/10/2026 — **PB (50m pool):** 02:42.56 **SB:** 02:40.45 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.96		01:17.18		01:58.88		02:40.45
		00:36.96		*00:40.22*		*00:41.70*		*00:41.57*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:3, starttime: 16:35

Heat: 3/12 Lane : 2 Athlete: RAMON SIEBE — **Q-time: 01:26:80**

PB (25m pool): 01:26.80 Brugge 04/10/2026 — **PB (50m pool):** 01:27.95 **SB:** 01:26.80 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.50		01:26.80	
		00:40.50		*00:46.30*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:4, starttime: 16:35

Heat: 4/12 Lane : 3 Athlete: LAGACIE THIBAUT — **Q-time: 01:23:96**

PB (25m pool): 01:23.97 Torhout 06/12/2025 — **PB (50m pool):** 01:23.96 **SB:** 01:24.95 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:39.61		01:23.97	
		00:39.61		*00:44.36*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:8, starttime: 16:45

Heat: 8/12 Lane : 1 Athlete: GALLE ELIAS — **Q-time: 01:18:36**

PB (25m pool): 01:18.83 Ieper 04/01/2026 — **PB (50m pool):** 01:18.36 **SB:** 01:19.61 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.83		01:18.83	
		00:37.83		*00:41.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: TIME

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:3, starttime: 17:00

Heat: 3/15 Lane : 6 Athlete: TACK CATALEYA — **Q-time: 01:52:24**

PB (25m pool): no time **PB (50m pool):** 01:52.24 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:8, starttime: 17:10

Heat: 8/15 Lane : 3 Athlete: HEYTENS JORIEN — **Q-time: 01:43:06**

PB (25m pool): 01:43.06 Brugge 04/10/2026 **PB (50m pool):** 01:43.62 **SB:** 01:43.06 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:47.15		01:43.06	
		00:47.15		*00:55.91*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:8, starttime: 17:10

Heat: 8/15 Lane : 4 Athlete: BOURDEAUX AMELIA — **Q-time: 01:42:69**

PB (25m pool): 01:51.29 Eeklo 21/09/2025 **PB (50m pool):** 01:42.69 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.18		01:51.29	
		00:52.18		*00:59.11*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:11, starttime: 17:15

Heat: 11/15 Lane : 1 Athlete: BEKAERT LAURA — **Q-time: 01:39:32**

PB (25m pool): 01:41.05 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:39.32 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:47.73		01:41.05	
		00:47.73		*00:53.32*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: